Introduction to Skills for Academic Success ※Fall Quarter 1

Undergraduate / Graduate	Undergraduate	**Registration Code**	0061211
Course Category	Introduction to skills for academic success	**Credits**	1.0
Term (Semester) / Day / Period	G-I（1st year, Fall Semester) / Mon / 2（10:30～12:00）		
Instructor	VASSILEVA Maria		

●Goals of the Course【Standardized across all programs】

To acquire and build one's core attitudes as an active learner, through inquiry of: What is a university; what is learning like in a university setting; what kind of skills are necessary for learning in a university setting.

●Objectives of the Course

Students will develop a practical knowledge on scientifically proven learning strategies and mindset frameworks that will allow them not only to make the best of their university years, but will prove useful for life.

●Course Contents or Plan

The course focuses on experiential learning and is structured around group discussions and student projects.
Students will explore how university learning is different from high school, how psychology and neuroscience can help us understand the process of learning, and what techniques are effective to truly learn rather than simply memorize.

●Course Prerequisites and Related Courses

No prerequisites. Everyone is welcome.

●Course Evaluation Method and Criteria (*Note Please do not forget to describe your course withdrawal policy.)

Student progress in this course is evaluated through individual and group projects (40% of the course grade), weekly action/reflection assignments (40%) and weekly reading assignments (20%).
Withdrawal (W) grade: Students are not required to make a formal withdrawal request to withdraw from the course. Students who do not fulfill grading requirements for a passing grade will receive a W grade.

●Study Load (Self-directed Learning Outside Course Hours)

This course expects reviewing assigned reading before each class, completing action/reflection assignment after class, and periodically preparing projects.

●How to Respond to Questions

For any questions, email the course instructor Prof. Vassileva at the provided email address

●Notice for students

The classes will be accessible as much as possible both in person and online. Exact format will be announced on NUCT.

●Message from the Instructor

Office hours can be requested any time over email

●Courses taught by Instructors with practical experience

Textbook	None. All materials will be provided by the instructor.
Reference Book	None. All materials will be provided by the instructor.
Reference website for this Course	Designated NUCT course site